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Events and Order:

5000m – 9:30am

4x800

8x200

1600

SMR

1000m

SMR-800

DMR

Pole Vault

Shot Put

Disc

L.J.

T.J.

H.J.

Medals: top 3 overall in each event, per division, except 1600 & 5000.

Entries: EPI Sports

Deadline: Thursday 2/20/2020 - 11 PM.

Entry Fee: $200 – Team

Due: Tuesday 2/18/2020

Checks: THS Track

Mail: Kyle Irvine

 THS Track and Field

 2200 W. Carson St.

 Torrance 90501

DIRECTIONS TO FIELD:

Traveling north or south on 405 Freeway take Crenshaw off-ramp south to Carson Street. Turn left and continue to Plaza del Amo (1st signal). Turn right on Plaza Del Amo and continue past the back of the school to Arlington Street. Turn right on Arlington, go to the first street past the railroad tracks (Lincoln St.) and turn right on to Lincoln. Proceed on Lincoln to the athletic field, which is across from Torrance Elementary School.

Contact:

Kyle Irvine

310-283-1878 - cell

Isa4522@startmail.com

#  Louis Zamperini Invitational

February, 22, 2020

Zamperini Stadium:

2125 Lincoln Ave.

Torrance, CA 90502

Start Time:

Zamperini 5000m – 9:30am

Field Events: 9:30am

4x800 follows 5000m

Entry Fee: $200 entire team

Unlimited entries per event

Relay teams (A – Z)

www.thstf.com/zamperini

www.thstf.com/directions





**Louis Zamperini Invitational**

**Where**: Zamperini Stadium

 2125 Lincoln Ave.

 Torrance, Ca.

**Directions**: www.thstf.com/directions

**Format**: Early season meet to honor the legacy of Louis Zamperini.

**Date**: Saturday - February 22, 2020

**Start Time**: 9:30 am – 5000m

 Field Events – 9:30am

 4x800 follows 5000m

**Levels**: Varsity & F/S - Boys & Girls

**Events**: Zamperini 5000m (one race combined), 1600m (two races), 1000m (two races)

**Relays:**

4x800 – 4 races (one race per level) no heats

8x200

**1600 SMR** (**3, 3, 6, 4**), 800 SMR (1, 1, 2, 4)

DMR – two races (combined girls / combined boys) no heats

**Field Events**: PV, SP, DISC, HJ, LJ, TJ

**Medals**: top 3 overall in all events,

**Exception**: 1600m & 5000m top 3 each race will receive trophies

**Entries**: Entries online at EPI Sports – Unlimited in all events

 Deadline - Thursday 2/20/20 - 11pm

 **Entry Fee** - $ 200.00 per team (make check out to THS Track) due by Tuesday, Feb 18, 2020.

 **Mail**: THS Track & Field - Attn: Kyle Irvine

 2200 W. Carson St.

 Torrance, Ca. 90501

**Website**: [www.thstf.com](http://www.thstf.com) - click Zamperini Tab on home page

Contact: Kyle Irvine – (310) 283-1878 or isa4522@startmail.com

**Order of Events: Running** **Field: 9:30am (see below)**

5000m – **9:30am** Pole Vault

4x800 – **follows**  Shot

8x200 Disc

1600m H.J.

SMR - 1600 L.J.

1000m T.J. – follows completion of Long Jump

SMR – 800

DMR

**Approximate:**

Event #1 5000m – Boys / Girls 9:30am **Event #27- Pole Vault – 9:30am**

Event #2 4x800 – F/S -Boys 10:00am **Opening Height** – 5’5” – F/S – G

 7’ 0” – V/G

Event #3 4x800 – F/S - Girls 10:20am 8’ 0” – F/S - B

 10’ 0” – V/B

Event #4 4x800 – Varsity – Girls 10:45am

 **Event #28 – High Jump – (Two Pits) 9:30am**

Event #5 4x800 – Varsity – Boys 11:00am

 **Opening Heights** – 3’ 8” / 4’8”

Event #6 8x200 – F/S - Boys 11:20am

 **Event #29 Long Jump** **Two Pits**

Event #7 8x200 – F/S Girls 11:30am

 Varsity Boys 9:30am #1

Event #8 8x200 – Varsity – Girls 11:40am Varsity Girls 9:30am #2

 F/S – Boys 11:15am #1

Event #9 8x200 – Varsity – Boys 11:50am F/S – Girls 11:15am #2

Event #10 1600m – Boys 12:00pm **Event #30 Triple Jump**

Event #11 1600m – Girls 12:30pm Varsity Boys 1:00pm #1

 Varsity Girls 1:00pm #2

Event #12 1600 SMR – F/S – Boys 1:00pm F/S – Boys 2:30pm #1

 F/S – Girls 2:30pm #2

Event #13 1600 SMR – F/S – Girls 1:10pm

Event #14 1600 SMR – Var Girls 1:25pm **Event #31- Shot Put 9:30am**

Event #15 1600 SMR – Var Boys 1:35pm V/B

 F/S - B

Event #16 1000m – Boys 1:45pm F/S - G

 V/G

Event #17 1000m – Girls 2:00pm

 **Event #32 – Discus 9:30am**

Event #18 800 SMR – F/S – Boys 2:15pm

 V/G

Event #19 800 SMR – F/S- Girls 2:25pm F/S - G

 F/S - B

Event #20 800 SMR Var Girls 2:35pm V/B

Event #21 800 SMR Var Boys 2:45pm

Event #22 DMR – Girls 2:55pm

Event #23 DMR – Boys 3:20pm

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